



# Homeopathy the natural choice

Homeopathy involves treating the individual with the aim of triggering the body's natural system of healing. Based on their specific symptoms and personal health, a homeopath will match the most appropriate remedy to each patient.

Choice – available on the NHS and over 3000 registered practitioners

Complementary - can be used with conventional medicines

Safe - few, if any, side effects

Help yourself – for minor conditions

Suitable for all age groups

Widely available - from Boots, Holland & Barrett and many high street pharmacies

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*"For my general sense of well being and as part of an holistic approach to my health I use homeopathy. It just works! Over the years, all the various homeopathic remedies I have taken and currently take have benefitted me no end. I recommend homeopathy to all my family and friends." C Elliott*

[www.findahomeopath.org.uk](http://www.findahomeopath.org.uk)